P

**Does this sound like you? Could you be part of a bespoke team providing support to a young man with autism and mild learning disabilities moving to his new home for the first time?**

 **Shared Common Interests**

* Good sense of humour
* Good with animals
* Good at cooking and following a recipe
* Likes cooking Greek, African, Caribbean and a variety of food and desserts.
* It would be good for some support workers to be able to speak Greek
* Encouragement to learn basic maths and counting money
* Outdoors activities e.g. running and sport
* Day trips

**Personality Characteristics Wanted**

* Gentle and quiet speaking voice
* Kind, empathetic, patient
* Happy, cheerful and enthusiastic
* Ability to remain calm in difficult and challenging situations
* Honest and able to admit to mistakes
* Not holding a grudge, able to initiate positive relationship in conflicts
* People who are able to mediate in a conflict
* Not taking things personally – accepting that support can sometimes be challenging
* Appear confident and be resilient
* Non-judgemental and respectful – being able to understand and respect behaviour as a coping mechanism, and to see the person behind their behaviour or autism
* Not someone who shouts

**Skills Needed**

* High attention to detail, ability to provide consistent support following guidelines and risk assessments.
* Ability to pick up on and respond to triggers which could cause anxiety and distress
* Ability to set boundaries without coming across as ‘bossy’ and able to talk through reasons
* Good at problem solving
* Good at working as a team
* Good, clear communication
* Willing to support people with autism, mental health needs or behaviours which challenge
* Ability to drive

**Support Needed and Wanted**

* Provide choices of fun activities
* Be predictable
* Support to keep in touch with family, and to involve Mum in any decisions about support.
* Support to develop new hobbies and interests e.g. spending time with animals, go-karting, bowling, swimming
* Support to make new friendships in Barnet through accessing clubs and neighbourhood projects.
* Support to be independent in a new home
* Ability to take on all household chores