

### Who is the resource for?

This resource is for family carers of someone with a learning disability, autism or both who are looking for information about psychotropic medication.

### What is the resource about?

Psychotropic medication is a term for several types of drugs usually given to help with mental health needs. The resource covers topics such as:

- \* What you need to find out before your relative starts taking medication
- \* What the alternatives are to medication
- \* How medication should be monitored
- \* What to do if you have concerns about your relative's medication.

## NEW RESOURCE:

# Medication Pathway



for families of people with learning disabilities, autism or both who are prescribed or may be prescribed psychotropic medication



### How can I get the resource?

Go to [medication.challengingbehaviour.org.uk](http://medication.challengingbehaviour.org.uk) to use the interactive medication pathway online.

Contact the CBF for a paper copy medication information pack: email [info@theCBF.org.uk](mailto:info@theCBF.org.uk) or call 01634 838739.

# STOMP

Stopping over medication of people with a learning disability, autism or both



making a difference to the lives of people with severe learning disabilities