

# Short Breaks

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## Universal Services

### WWW

- Wide ranging offer of activities still available
- SEN children are able to attend with their support workers
- Specific project to link SEN kids into universal activities (Ldn Living Youth)

### EBI

- Promoting local offer website and parent groups
- Improving links between targeted and mainstream service providers
- Providers publishing their summer/holiday activity programmes earlier

Some new services have been developed recently including:

- Disability Sports Coach  
The Sobell Centre has a multi-sports club for children and young people with disabilities aged 5 to adults. Weekly club sessions are an opportunity to have fun and make friends, enjoy and experience Paralympic and multi-sports including football, Boccia, sitting volleyball, dance and golf.  
<http://disabilitysportscoach.co.uk/community-clubs/>
- Arsenal in the Community  
They are running a Mixed Disability and Learning Disability football sessions for under 16s.  
<http://directory.islington.gov.uk/kb5/islington/directory/service.page?id=svymt3L1s4E>
- LDN YOUTH Islington  
Offers young people with SEND aged 13 and over with activities, such as drama, painting, hair and beauty, boxing, fencing and more. It is run by the Westminster Society on behalf of Islington Council. They are also providing a travel training programme.  
<http://directory.islington.gov.uk/kb5/islington/directory/service.page?id=Qgqgejq0s5>

## Group Based Short Breaks provision

### WWW

- Staff recruitment / Staff training / Staff skills
- Easy to rearrange to drop in and visit
- Parent engagement
- Flexibility
- Steady demand and capacity to meet more demand
- Trip planning and risk assessment
- Range of activities and trips
- Good mix of 1:1's and 1:4's of other LA contracts
- Partnership working with other community groups
- Consistent and helpful contact from local authority
- Good communication between providers

### EBI

- Too many different ages together in one place
- More options for 14 years upwards
- More spread across providers
- Parents could easily track what is left
- Parents say some costs are too high
- Support planning was easier
- Proper handover of social workers – information sharing
- Use of Lough Road Centre was clearer
- Stronger links between children's and adult's services - transition
- Transport – we spend a lot of time sorting it out.

## 1:1 Short Breaks provision

### WWW

- personalised outcomes
- proportionate level of reporting
- parents/families can use hours flexibly
- steady demand for workers
- flexibility
- good range of providers
- communication between agencies
- team of workers for each child/YP
- able to record and track impact of service on the child

### EBI

- Little demand for coaches/buddies – why?
- Time taken to match people was shorter
- Capacity of providers
- The number of different workers for a child/young person was reduced across services
- Consistency of workers
- People cancelling at short notice
- Communication between agency and family was better
- People knew more about where to go for trips
- Communication and behaviour strategies shared across settings
- Feedback on progress towards goals

## Questions

Q1. How can universal services be more inclusive?

Q2. how can we get the right info to the right people?

Q3. How can we improve CYP direct involvement in planning/assessment and choosing and managing risks?

Q4. How do we better work as a team around a child?

- common workers
- shared strategies/risk assessments
- common reviews
- who else is linked (SEN/EHC support plan?)

Q5. What is needed for young people aged 14+

### Targeted services

Q6. How flexible is too flexible/how flexible can we afford?

Q7. Transport – how do we afford it? What's needed?

Q8. How can parents find out what hours or money they have left?

Q9. Cost – what is good value for money?

Q10. What is needed for young people aged 14 -25 year olds?

