And ADOUC

Do you want to get out more at weekends?

Do you want to keep fit and healthy by taking part in fun and relaxing activities with friends?

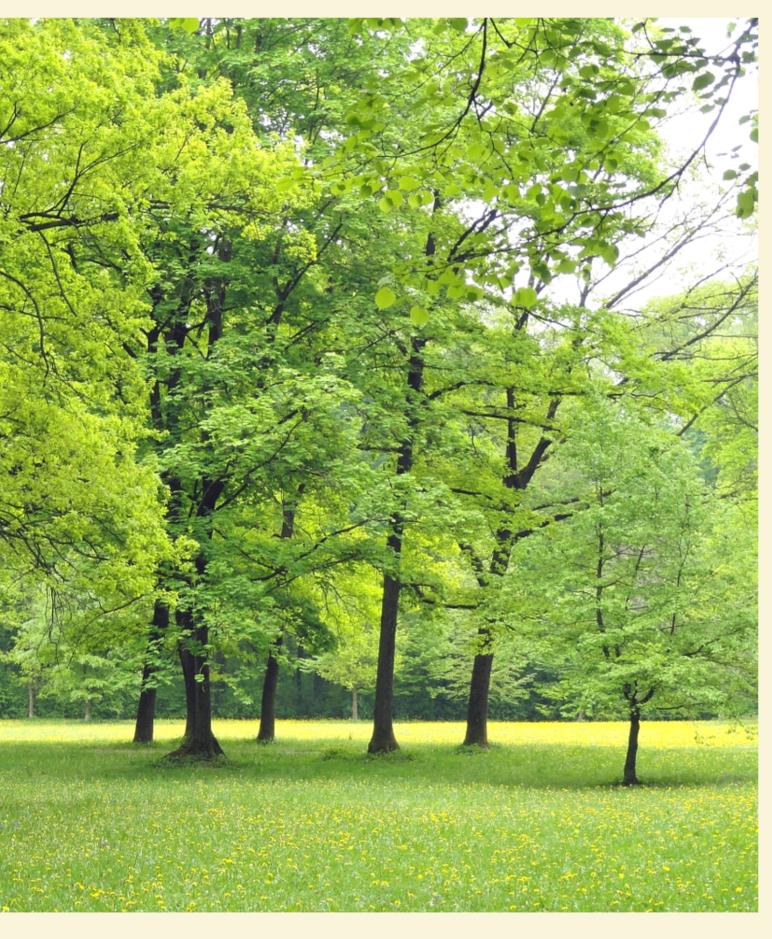
Then get Out and About with **Centre 404!**

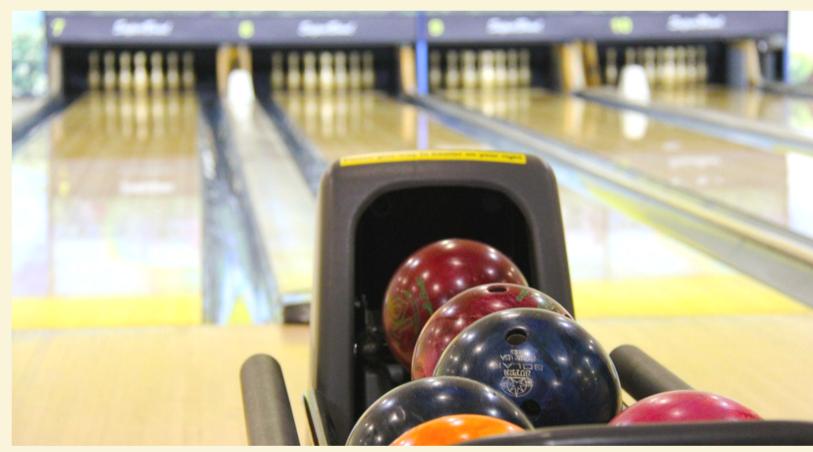


Every Saturday During Term Time 1:30pm-4pm at Centre 404



From £3 per session









For more information contact Bryn

www.centre404.org.uk **Registered Charity 299889**



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