

Out And About

Do you want to get out more
at weekends?

Do you want to keep fit and
healthy by taking part in fun and
relaxing activities with friends?

Then get Out and About with
Centre 404!

Every Saturday
During Term Time
1:30pm-4pm
at Centre 404



From £3 per session



CENTRE404
SUPPORTING PEOPLE WITH LEARNING DISABILITIES AND THEIR FAMILIES
www.centre404.org.uk
Registered Charity 299889

For more information contact Bryn



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**NATIONAL
LOTTERY FUNDED**