

Skills Needed

- ✓ High attention to detail, ability to provide consistent support following guidelines and risk assessments.
- ✓ Ability to pick up on and respond to triggers which could cause anxiety and distress
- ✓ Ability to set boundaries without coming across as 'bossy' and able to talk through reasons
- ✓ Good at problem solving
- ✓ Good at working as a team
- ✓ Good, clear communication
- ✓ Willing to support people with autism, mental health needs or behaviours which challenge
- ✓ Ability to drive

Support Needed and Wanted

- ✓ Provide choices of fun activities
 - ✓ Be predictable
- ✓ Support to keep in touch with family, and to involve Mum in any decisions about support.
- ✓ Support to develop new hobbies and interests e.g. spending time with animals, go-karting, bowling, swimming
- ✓ Support to make new friendships in Barnet through accessing clubs and neighbourhood projects.
- ✓ Support to be independent in a new home
- ✓ Ability to take on all household chores

Personality Characteristics Wanted

- ✓ Gentle and quiet speaking voice
 - ✓ Kind, empathetic, patient
- ✓ Happy, cheerful and enthusiastic
- ✓ Ability to remain calm in difficult and challenging situations
- ✓ Honest and able to admit to mistakes
- ✓ Not holding a grudge, able to initiate positive relationship in conflicts
- ✓ People who are able to mediate in a conflict
- ✓ Not taking things personally – accepting that support can sometimes be challenging
 - ✓ Appear confident and be resilient
- ✓ Non-judgemental and respectful – being able to understand and respect behaviour as a coping mechanism, and to see the person behind their behaviour or autism
 - ✓ Not someone who shouts

Does this sound like you? Could you be part of a bespoke team providing support to a young man with autism and mild learning disabilities moving to his new home for the first time?

Shared Common Interests

- ✓ Good sense of humour
 - ✓ Good with animals
- ✓ Good at cooking and following a recipe
 - ✓ Likes cooking Greek, African, Caribbean and a variety of food and desserts.
- ✓ It would be good for some support workers to be able to speak Greek
- ✓ Encouragement to learn basic maths and counting money
- ✓ Outdoors activities e.g. running and sport
 - ✓ Day trips