

# Centre 404's Guide to Pride!

*Centre 404's guide to all things  
Pride in June 2021.*

# Contents Page

<b>Page</b>	<b>Details</b>
<b>1</b>	<i>Contents Page</i>
<b>2</b>	<i>What is Pride?</i>
<b>3</b>	<i>Statistics &amp; Data</i>
<b>4</b>	<i>Pride Flag &amp; Meaning</i>
<b>5</b>	<i>Learning Disabilities &amp; LGBTQ+</i>
<b>6</b>	<i>Webinars</i>
<b>7</b>	<i>Resources</i>
<b>8</b>	<i>Events</i>
<b>9</b>	<i>Events</i>
<b>10</b>	<i>Hearing from YOU! Diversity &amp; Inclusion Champions Working Group</i>

# What is Pride?

## What is Pride and why is it celebrated?

Pride is an event which takes place across the globe every June with celebrations taking the form of parades, music concerts, lectures, workshops and art gallery exhibitions.

Pride is aimed at bringing together LGBTQ+ people and allies to celebrate diversity in gender and sexuality whilst remembering and discussing LGBTQ+ history and advocating for what is still, much-needed positive change.

Pride celebrations have grown and diversified since the first parade which took place in the early 1970s and 2021 marks over 50 years of Pride celebrations.

The global pandemic has resulted in significant changes to the ways in which Pride is commemorated across the world. However, LGBTQ+ groups, charities, organisations and allies are continuing to find ways to come together and ensure that the celebrations can still go ahead!

- <https://www.unifrog.org/know-how/the-history-of-pride>



## History of Pride:

Pride began in order to remember the Stonewall Riots which took place in New York in June 1969. The police raided one of NYC's most popular gay bars, The Stonewall Inn, and after years of mistreatment and brutality against the LGBTQ+ community, protests began.

"The first Pride event was organised by Brenda Howard, a bisexual activist, in New York City on the 28th of June 1970 and was called the Christopher Street Liberation Day March (which is the name of the road the Stonewall Inn is on).

The event had both an element of celebration and protest. Howard organised another event the next year in 1971, and soon Pride parades were established all over the world"

- <https://www.unifrog.org/know-how/the-history-of-pride>



# Statistics & Data

## Why is Pride so important?

The Office for National Statistics found that in 2019, "an estimated 1.4 million people aged 16 and over in the UK identified as lesbian, gay or bisexual (LGB)".

-Penelope McClure, Population Statistics Division, Office for National Statistics

"One in five LGBT people have experienced a hate crime or incident because of their sexual orientation and/or gender identity in the last 12 months".

-Stonewall, LGBT In Britain, Hate Crime & Discrimination

In 2018, "Half of LGBT people (52 per cent) said they've experienced depression".

- Stonewall, LGBT in Britain, Health Report

"Among lesbian, gay and bisexual adults, 30 percent of men and 36 percent of women also identify as having a disability. The disability community intersects with every other minority group, and the LGBTQ community is no exception. "

- Eric Asher, Respect Ability

A Stonewall report found that "One in twenty LGBT people (five per cent) have been pressured to access services to question or change their sexual orientation when accessing healthcare services. This number rises to nine per cent of LGBT people aged 18-24, nine per cent of Black, Asian and minority ethnic LGBT people- and eight per cent of LGBT disabled people".

- Stonewall, LGBT in Britain, Health Report

# Pride Flag & Meaning



*- Pride flags: All of the flags you might see at Pride and what they mean, June 2020*

Gilbert Baker, an artist and openly gay man, first created the Pride Flag back in 1977 after being urged to create a symbol of pride for the gay community.

Baker stated that each colour represents something e.g. nature, harmony and spirit, and that these colours represent a piece of a person that everybody has and can share together.

The flag was first flown in 1978 at the San Francisco Freedom Parade but was not used as the official symbol of LGBTQ+ Pride until 1994 which was also the 25th anniversary of the Stonewall Riots.

The rainbow flag is now synonymous with Pride and the LGBTQ+ community, and can be seen flying across the world as a symbol of celebration and solidarity.

*[How Did the Rainbow Flag Become a Symbol of LGBTQ Pride?, Britannica](#)*

# Learning Disabilities & the LGBTQ+ Community

Learning Disability Pride is a week-long event which takes place during Pride Month from Saturday 19th June - Saturday 26th June 2021.

Due to certain negative stereotypes, members of the LGBTQ+ community with learning disabilities and/or Autism can often be neglected from mainstream events surrounding Pride Celebrations.

Learning Disability Pride aims to change this and on their website, the organisers highlight a number of different ways that you can get involved and celebrate Pride with family and friends.

Learning Disability Pride is led by Gary Bourlet, a leader in the People First movement and Founder of Learning Disability England.

You can find more information on Learning Disability Pride via their website: <http://learningdisabilitypride.org.uk/>

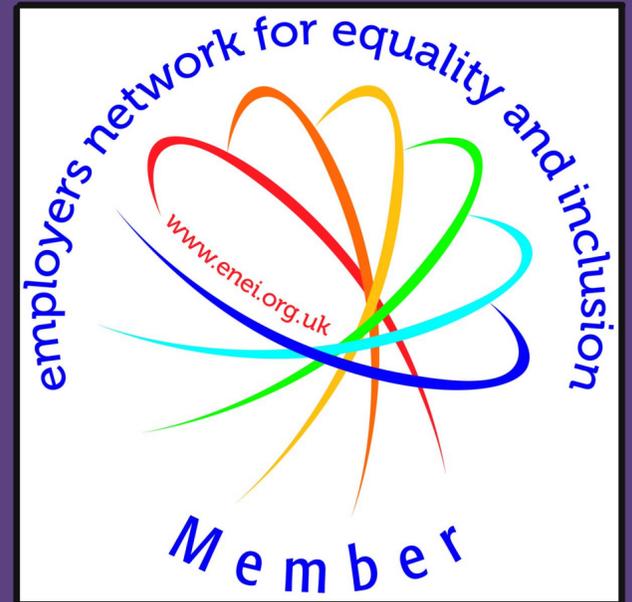


# Webinars

ENEI, The Employers Network for Equality & Inclusion is the leading employer network covering all aspects of equality and inclusion in the workplace.

Centre 404 are a member of ENEI and this means, that this year we have access to a number of FREE webinars they are running in June relating to Pride.

Please see below for details on the webinars and how you can gain access.



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## LGBTQ+ UK Terminology

**Date:** Wednesday 23rd June 2021

**Time:** 1:00pm - 2:00pm

**Location:** Online Event

**Link:** <https://www.enei.org.uk/events/webinar-lgbtqplus-uk-terminology/>

This session will focus on current LGBTQ+ terminology, specifically for organisations based in the UK, which should also assist with equality monitoring.

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## LGBTQ+ Culture Around the World

**Date:** Wednesday 24th June 2021

**Time:** 1:00pm - 2:00pm

**Location:** Online Event

**Link:** <https://www.enei.org.uk/events/webinar-lgbtqplus-culture-around-the-world/>

This session will focus on the differing LGBTQ+ legislation and business environments around the world and the changing cultures in wider society.

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**Please note, this is a free event, however there will be a £50 plus VAT admin fee charged directly to Centre 404 for non-attendance or cancellations that are received less than 5 days prior to the event.**

**If you are unable to attend, please ensure to notify ENEI before Friday 18th June.**

# Resources & Information

Here are a list of resources which will inform you about Pride, various support services you can access as well as sources for people who support others with learning disabilities, Autism and identify as LGBTQ+:



[Stonewall](#)



[LGBT Foundation](#)



[Mind Out](#)



[Mencap \(Learning Disabilities & Sexuality\)](#)



[National Autistic Society \(Autism & Sexuality\)](#)



[Spark \(Autism & Sexuality\)](#)



[All Out](#)



[Pride in London](#)

# Events



Centre 404 are running a number of events throughout 2021 in celebration of Pride.

For a rundown of all the things taking place for Pride, see below for the dates for your diary!

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## Respecting the Priorities & Boundaries of Transgender People

**10th  
June**

As part of Pride Month Hannah Broomes, Senior Support Worker from Independent Living & Specialist Services, will be running a Thriving Thursdays session on how to best support people with learning disabilities and/or Autism and identify as transgender. Hannah will be discussing her own experiences and will answer any questions you may have about supporting a member of the transgender community. For more information on this session, please email Eilish via [EilishK@Centre404.org.uk](mailto:EilishK@Centre404.org.uk)



## Pride Craft Project: Decorate Your Own Bunting!

Nancy Harris from Independent Living and Specialist Services has created an organisation-wide crafting event which everyone is able to get involved with. The idea is, that you decorate a bunting flag with "What Pride Means to You" and it can be done however you want i.e. you could stick photos on it, make drawings or write on it etc. We then want to bring these all together, and decorate our building with them! The aim is that all of the flags will finished by the 18th June. So, for more information on how to take part/collect the bunting please get in contact with Nancy ([NancyH@Centre404.org.uk](mailto:NancyH@Centre404.org.uk)) or Eilish!

**18th  
June**

## Pride Picnic in the Park

**24th  
June**

As we are all now allowed to meet outside in groups larger than 6, Independent Living & Specialist Services are arranging for a picnic in the park to take place on the 24th June, to come together and celebrate Pride and relationships. The picnic will be taking place in Finsbury Park and everyone is welcome to join! For more information, please get in touch with Sarah Spinetti via [SarahS@Centre404.org.uk](mailto:SarahS@Centre404.org.uk)



## Competition Time!



Jessica Murphy and Natalia Thomas-Jikiemi from Learning & Leisure, alongside Jayde Christian from Independent Living & Specialist Services are running a Pride-themed competition for everyone to get involved with! To take part, all you need to do is take a photo of yourself in the most colourful clothes you have whilst holding up meaningful words relating to Pride for example, 'Valued', 'Worthy' 'Proud'. These will then be judged and the winner announced at the end of Pride Month! Please send you entries over to Natalia ([NataliaTJ@Centre404.org.uk](mailto:NataliaTJ@Centre404.org.uk)), Jessie ([JessicaM@Centre404.org.uk](mailto:JessicaM@Centre404.org.uk)) or Jayde ([JaydeC@Centre404.org.uk](mailto:JaydeC@Centre404.org.uk))

**30th  
June**

## Pride Parade!

**11th  
Sept.**

Centre 404 are very excited to announce that we have applied to Pride London to take part in their huge event on Saturday 11th September 2021.

Keep an eye out for more information and updates on this!



# Events

For up-to-date information on all of the Pride events taking place across Centre 404 please ensure to check all of our social media platforms for the latest information, or feel free to get in touch!



**Centre 404 – Facebook**



**@Centre\_404**



**Centre 404 – LinkedIn**



**@Centre404**



**0207 607 8762**



**General@Centre404.org.uk**

# Hearing from You!

The Senior Leadership Team have created a new working group  
The EDI Champions Working Group.

This group has been set up to enable further involvement of staff in matters relating to Equality, Diversity and Inclusion. The group is organisational wide and is chaired by Tracy Seymour, Director of People and Resources.

This will involve looking at policies and practices and contributing to and championing the annual equality action plan.

The EDI Champions Working Group will be made up of current engagement and EDI champions and meet quarterly.

Additionally we would like to hear from any staff who are interested in joining the group and would be particularly keen to hear from members of the LGBTQ+ community and ethnic minority groups.

If you are interested in joining the group or are looking for more information, please contact Eilish ([EilishK@Centre404.org.uk](mailto:EilishK@Centre404.org.uk)) or Tracy ([TracyS@Centre404.org.uk](mailto:TracyS@Centre404.org.uk)). The first meeting will take place at the start of July.

