



Contact Us

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Registered Charity No.299889

Supporting Families Team

CENTRE404
Supporting people with learning disabilities, autism & their families



What does the Supporting Families team do?

We support family carers of people with learning disabilities and/or Autism with subjects such as:

- Helping understand disability related issues.
- Giving information and advice on knowing your rights and accessing the right services.
- Giving you information about looking after yourself, including volunteering opportunities.
- Giving information and support around applying for welfare benefits and disability benefits, direct payments and personal budgets.
- Signposting on to other services.



Support Groups, Workshops and Activities

We run regular support groups and coffee mornings for family carers, alongside social activities and wellness events. We run webinars and training sessions on topics relating to learning disabilities and autism. We also support two important forums for Islington Residents: The Islington Parent Carer Forum and the Family Carers Action Group.

