

# CENTRE 404 SUPPORTING FAMILIES NEWSLETTER

ISSUE NO. 2 | APRIL 2024

# What can we help you with?

We are here to provide you and your family with advice and support related to disabilities, which can be accessed online, over the phone, or in person. Our Supporting Families department aims to provide you with information regarding self-care and caring for your loved one, including your rights as a caregiver, as well as assistance in receiving the correct benefits, direct payments, and personal budget management.

We understand that the transition from childhood to adulthood for your loved one can be challenging, and we want to support you in this process, including finding respite care. We can also connect you with other services, such as Citizens Advice, Help On Your Doorstep, your local Council, food banks, and many other organizations both in London and nationwide.

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# **OTHER NEWS**

### Upcoming coffee morning

After the success of our last coffee morning for parent and family carers at Centre404, we are happy to announce our upcoming coffee morning on \*\*\*



# **Blue Badge**

It is important to know that many families are eligible for a Blue Badge, which is a parking permit provided by the government that gives you more accessible parking options and the ability to use disabled parking spaces. This can make it much easier for caregivers to travel with their loved ones and make getting out and about more of a reality for those who need it.

To qualify for a Blue Badge, you should receive a higher-level DLA, PIP, or be registered blind. You can check the <u>Who Can Get a Blue Badge? -</u><u>GOV.UK (www.gov.uk)</u> website for more eligibility information.

To assist you with your application, you will need to provide proof of identity, proof of address, a recent head and shoulders digital photo, your national insurance number or child's reference number if applying for a child, contact details (phone number, email, and postal address), proof of any benefits you're receiving, and the number, expiry date, and local council of your current blue badge if reapplying.

If you require assistance with your application or wish to learn more about how we can help, please contact our case workers at Families@centre404.org.uk.



An inclusive board game evening open to all at 93 Junction road, N19 5QX every Monday 5.15-6.15

#### Islington Carers Hub

Supported by SLINGTON CARERS HUB Supported by

To access support in your area please visit islingtoncarershub.org for more information about signing up.



**Come and visit us!** 404 Camden Rd, London N7 0SJ

#### Get in touch

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